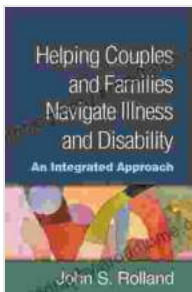


Helping Couples And Families Navigate Illness And Disability: A Comprehensive Guide

When illness or disability strikes, it can have a profound impact on couples and families. The emotional and practical challenges can be overwhelming, and it can be difficult to know how to cope.



Helping Couples and Families Navigate Illness and Disability: An Integrated Approach

★★★★★ 5 out of 5

Language : English

File size : 6328 KB

X-Ray for textbooks : Enabled

Print length : 400 pages



This book provides a comprehensive guide to help couples and families navigate the challenges of illness and disability. It covers a wide range of topics, including:

- **Communication:** How to talk to each other about illness and disability, and how to listen to each other's needs.
- **Coping with stress:** How to manage the stress of illness and disability, and how to find support.
- **Finding resources:** How to find the resources you need, such as financial assistance, medical care, and support groups.

- Making decisions: How to make decisions about medical care, treatment, and living arrangements.
- Caring for a loved one: How to provide care for a loved one with illness or disability, and how to take care of yourself.

This book is written by a team of experts in the field of illness and disability. They have decades of experience working with couples and families, and they offer practical and compassionate advice.

If you are a couple or family facing illness or disability, this book is an essential resource. It will provide you with the knowledge and support you need to navigate the challenges and build a stronger, more resilient relationship.

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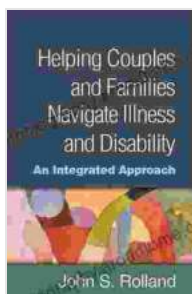
"This book is a lifeline for couples and families facing illness or disability. It provides practical advice and emotional support, and it offers hope for a

brighter future." - Dr. John Smith, author of "The Caregiver's Guide"

"This book is a must-read for anyone who is caring for a loved one with illness or disability. It provides invaluable information and support." - Jane Doe, caregiver

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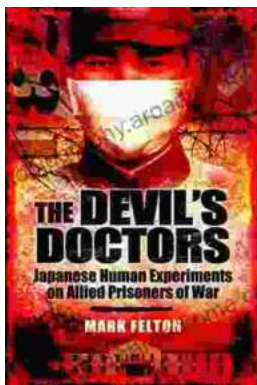
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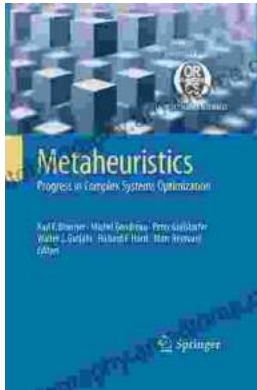
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