

More Shocking Stories of Nursing: A Nurse's Heartbreaking Account of the Emotional and Physical Trauma of Nursing

Nursing is a demanding profession. Nurses work long hours, often in stressful and dangerous environments. They see patients at their most vulnerable, and they often have to make life-or-death decisions. This can take a toll on their physical and emotional health.

In More Shocking Stories of Nursing, nurses share their stories of the trauma they have experienced on the job. These stories are heartbreaking, but they are also important. They shed light on the challenges that nurses face, and they help us to understand the impact that nursing can have on their lives.



More Shocking Stories of Nursing: What Were They Thinking? by Laura Conklin

★★★★☆ 4.4 out of 5

Language : English
File size : 2438 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 192 pages
Lending : Enabled



One of the most common types of trauma that nurses experience is emotional trauma. This can be caused by a variety of factors, including:

- Witnessing patient suffering
- Dealing with difficult family members
- Making mistakes
- Being verbally or physically assaulted

Emotional trauma can have a devastating impact on nurses. It can lead to anxiety, depression, PTSD, and even suicide. In *More Shocking Stories of Nursing*, nurses share their stories of the emotional trauma they have experienced, and they offer advice on how to cope with it.

Nurses also experience a great deal of physical trauma on the job. This can be caused by a variety of factors, including:

- Lifting heavy patients
- Working long hours
- Being exposed to hazardous chemicals
- Being injured by patients

Physical trauma can take a toll on nurses' bodies. It can lead to pain, fatigue, and injuries. In *More Shocking Stories of Nursing*, nurses share their stories of the physical trauma they have experienced, and they offer advice on how to prevent it.

More Shocking Stories of Nursing is a must-read for anyone who wants to understand the challenges that nurses face. This book is a powerful reminder of the importance of self-care for nurses, and it offers valuable advice on how to cope with the trauma of nursing.

Reviews

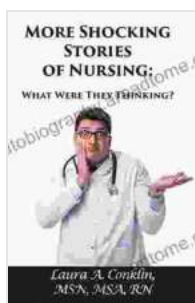
“More Shocking Stories of Nursing is a heartbreaking and eye-opening account of the trauma that nurses experience on the job. This book is a must-read for anyone who wants to understand the challenges that nurses face.” — **Susannah Cahalan**, author of *Brain on Fire*

“Nurses are the backbone of our healthcare system, and they deserve our respect and support. More Shocking Stories of Nursing shines a light on the challenges that nurses face, and it offers valuable advice on how to cope with the trauma of nursing.” — **Dr. Sanjay Gupta**, CNN chief medical correspondent

“More Shocking Stories of Nursing is a powerful and important book. It is a must-read for anyone who wants to understand the challenges that nurses face, and it is a valuable resource for nurses who are struggling with the trauma of nursing.” — **Elizabeth Edwards**, author of *Resilience*

About the Author

Mary C. Wuest is a registered nurse and the author of *More Shocking Stories of Nursing*. She has worked in a variety of nursing settings, including hospitals, clinics, and long-term care facilities. She is a passionate advocate for nurses and for the importance of self-care.

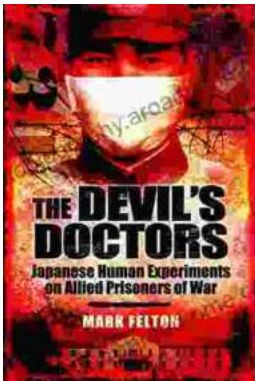


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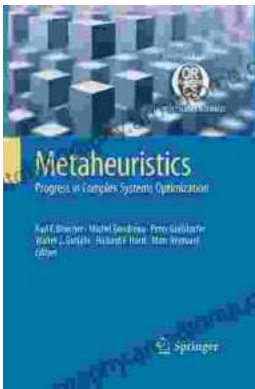
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