Supportive and Palliative Care in Cancer: An Introduction

What is Supportive and Palliative Care?

Supportive and palliative care is a specialized area of healthcare that focuses on improving the quality of life for people with serious illnesses, such as cancer. Supportive care can be provided at any stage of an illness, from diagnosis to end-of-life care. Palliative care is a type of supportive care that is specifically designed to relieve the symptoms of a serious illness and improve the patient's quality of life.



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Benefits of Supportive and Palliative Care

Supportive and palliative care can provide a number of benefits for cancer patients, including:

- Improved quality of life
- Reduced symptoms

- Increased comfort
- Improved coping skills
- Increased satisfaction with care

Who Can Benefit from Supportive and Palliative Care?

Supportive and palliative care can benefit anyone with a serious illness, including cancer. This type of care is especially important for people who are experiencing symptoms such as pain, nausea, vomiting, fatigue, anxiety, and depression.

How to Access Supportive and Palliative Care

There are a number of ways to access supportive and palliative care. You can talk to your doctor, nurse, or social worker about getting a referral to a palliative care team. You can also contact a local hospice organization to learn about their services.

The Importance of Supportive and Palliative Care

Supportive and palliative care is an essential part of cancer care. This type of care can help people with cancer live longer, more comfortable, and more fulfilling lives. If you are diagnosed with cancer, talk to your doctor about how supportive and palliative care can help you.

Additional Resources

- Cancer.org: Supportive and Palliative Care
- National Cancer Institute: Supportive and Palliative Care
- Palliative Care Institute

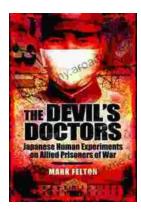


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